

Trinsic Talking Points

Why Trinsic? 8/30/2023

What is Trinsic?

- A joint venture between Intermountain Health and UCHHealth in February, 2023 creating a statewide Clinically Integrated Network (CIN) for patients. It is governed by a physician-led board of directors and will be bringing value-based contract opportunities to both organizations.
- The goal of the CIN is to reduce costs and redundancy in health care delivery operations for its' members.
- It promotes the CIN payment model that rewards value rather than volume.
- Benefits all parties involved, including patients, physicians, payers, and the communities it serves.

What is value-based care (VBC)?

- Value-based care is different from our current, fee-for-service model of health care in the US
- Value based care encompasses the following:
 - A payment structure that rewards quality and efficiency rather than volume
 - Incentivizes team based care
 - Stratifies patients by risk so that resources can be targeted—"right patient, right care, right place, right time."
- VBC will dominate the US. Health care landscape in the coming years but it will require a transformation of providers, patients and the entire health ecosystem.

What are the key elements of value-based care (VBC)?

- Smaller patient panels intended to increase access to care.
- Team-based care.
- Highly coordinated among all providers interacting with a patient.
- PCP's pay special attention to "social determinants of health" (access to healthy food, safe in their environment, availability of transportation and quality of housing).
- To pivot to VBC will take financial, operational, clinical and culture support.

What will Trinsic do?

Trinsic works in the in-between spaces to remove some of the burden from practices. Trinsic providers collaborate to deliver more effective and affordable coordinated care and improve documentation, accountability and the patient experience. As a legal entity, a CIN grants the group a safe harbor against antitrust laws, letting them collectively negotiate for better payment rates with insurers.

Services provided by Trinsic to the member practices will include:

- **Contracting team:** helps providers enter value-based arrangements with payers to create a sustainable path to take on risk (spreads the financial risk per practice the more patients that are included).
- **Data team:** serves up useful and actionable data to improve the patient experience.
- **Practice transformation team:** helps suggest workflows to streamline the population health work into day-to-day operations.
- **Care managers and pharmacy team:** helps care for patients outside the office visits by overseeing transitions of care as well as reviewing all prescriptions to manage side-effects.

What is the current focus of Trinsic?

- To redesign and reinforce primary care practices to provide more effective and affordable coordinated care and improve documentation, accountability and the patient experience.
- Developing a roadmap of payer contracts towards risk to ensure incentives are aligned.
- Coding and documentation program designed to work on appropriate coding and documentation of the senior population for the current Trinsic MA plan and the Signify ACO.
- Centralizing care management and care coordination team assigning one to each practice.
- Future state of Trinsic will include collaboration with specialists.

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Trinsic
Clinically Integrated Network
An Intermountain and UCHHealth Company